

Lip beautification from filler to surgery

Objectives: objective of the presentation: To describe scientific literature and my technique for lips augmentation.

Introduction: some facial structures, such as the lips, are essential for facial aesthetics. Full lips are normally associated to a youthful face, but their shape and volume depend also on genetically inherited characteristics.

Materials /method: They are composed by different anatomical structures, and minimal changes can cause great aesthetic impact.

Results: deep knowledge of anatomy and accurate aesthetic analysis are mandatory to perform a patient-tailored treatment. A perfect lip is obtained when the patient looks natural, and the treatment does not leave any evident, exaggerated, or bizarre alteration in the lips' structure. Respecting the patient anatomy, adjusting lips shape, projections and proportions, establishing a suitable lip volume for each particular patient are key points to refine the lips. Gender features should also be considered.

Conclusion: different materials can be used to perform lips augmentation. However, hyaluronic acid-based dermal fillers are the most frequently used to treat this area. It presents an excellent safety profile since it shows no antigenic specificity for species or tissues, having low potential for allergic or immunogenic reactions.

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